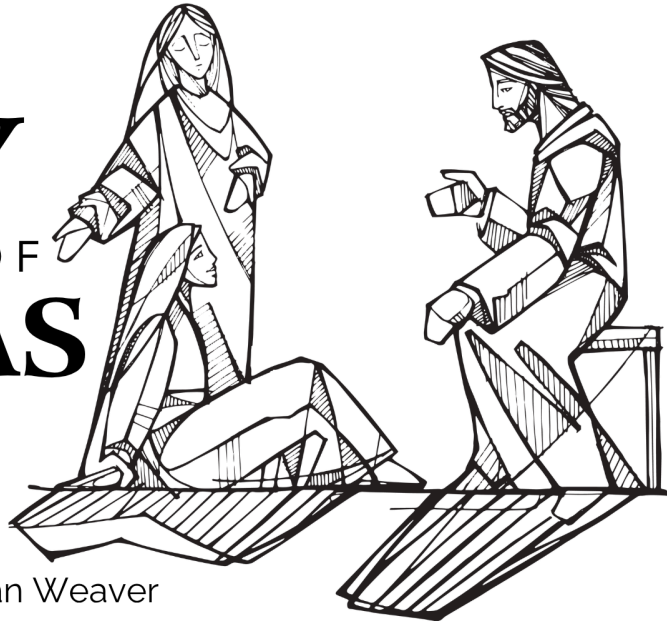


# BEING A **MARY** IN A WORLD OF **MARTHAS**



Luke 10:38–42

Sermon by The Rev. Dr. Nathan Weaver

## Being a Mary in a World of Marthas Luke 10:38-42

This sermon invites us to slow down and reorient our hearts by reflecting on the story of Mary and Martha. While Martha was distracted by good but lesser things, Mary chose "the better portion"—to sit at Jesus' feet and be fully present with Him. The message challenges our addiction to busyness and the cultural pressure to find identity in performance and productivity. It reminds us that God desires our presence more than our performance, and that we are loved not for what we do, but for who we are in Him. Through the lens of Malachi 3:10, the sermon also calls us to trust God with our time and priorities—assuring us that when we put Him first, He promises to meet our needs and pour out blessing. Ultimately, we are urged to reclaim rest, reorder our lives, and return to the One thing that is truly necessary.

### Discussion Questions:

1. "Mary chose the good portion."

What does choosing “the good portion” look like in your life right now?  
How do you personally make time to sit at Jesus’ feet — and what challenges or distractions compete for that space?

2. “There is enough time to do what we need to do.”

Do you agree with this statement from the sermon? Why or why not?

What does your daily or weekly schedule reveal about your actual priorities — and how might God be calling you to reorder them?

3. “We are more important to Jesus than anything we can do for Jesus.”

How easy or difficult is it for you to believe that your being is more valuable to God than your doing?

In what ways do you find your identity in performance, productivity, or approval from others?

4. Sabbath Rest: Intentional, Active, and Holy

What does real rest look like for you?

How could you build rhythms of intentional, God-centered rest into your life — not just for physical renewal but also spiritual refreshment?

5. “Put God to the test... if I will not pour down blessing.” (Malachi 3:10)

What does it mean to “put God to the test” in the area of your time, attention, or resources?

Is there a specific area where God may be asking you to trust Him more deeply — and what step might you take toward that this week?

