



## Rooted in Christ - May 2024

Scripture: Ephesians 3:14-21

This sermon serves as an invitation to join our 10 week summer discipleship program called "Rooted." Trees are used as an analogy for the faith throughout Scripture. In Ephesians 3, Paul prays that Christians would be "deeply rooted in God's love." This rootedness is the key to spiritual maturity, fulfillment, and strength. It is easy to live with shallow roots-- with the appearance of maturity but lacking true strength. We inevitably will face difficult times as believers, and how we withstand these challenges is determined by our spiritual strength. If we do not have roots that are anchored by God's love, we tend to go down a road of doubt, anger, and cynicism. If we do have roots that connect us to God's love, we will be able to withstand any challenge that comes our way.

We grow roots into God's love by spending time with Jesus and by doing his will. The Rooted Discipleship series highlights seven rhythms or practices that should guide the life of a Christian and will help us experience God's love.

Daily devotion  
Serve the community  
Repentance  
Sacrificial generosity

Prayer  
Sharing your Story  
Worship

Questions:

1. In the sermon, Pastor Nathan notes that just because someone has an appearance of maturity, it does not mean they are mature. What do you think about this statement?
2. Reflecting on your own walk with God, would you say you are deeply rooted in God's love? Why or why not?
3. How has God sustained you through difficult times?
4. Has your life been built on the Rock or the sand?
5. Are you familiar with the seven rhythms of discipleship listed above? What has been your experience with them?

