



PRESSED DOWN, SHAKEN TOGETHER, RUNNING OVER – June 2024

One of the foundational principles of Biblical truth is called the Law of Reciprocity: “You reap what you sow.” The idea is that people receive in proportion to what they give or do. For Christians, the principle of reciprocity began when we exchanged our sinfulness for Jesus’ righteousness. This principle is universal and far-reaching, touching every relationship and condition of humanity, whether spiritual or physical. This law appears throughout Scripture both positively and negatively.

People may receive the same thing they give, such as mercy. Matthew 5:7

People may receive what they need from God in exchange for making his kingdom their top priority. Matthew 6:33

People may receive a larger harvest if they sow more seed. 2 Corinthians 9:6

People may receive from others in proportion to their generosity. Luke 6:38

Jesus tells people to do to others what they would have them do to them, which should be the measure of all actions. Matthew 7:12

Read Luke 6:37-38, Galatians 6:7-10

1. The Law of Reciprocity: We reap what we sow.
What does this mean in light of Jesus' commandment in Luke 6:37?
2. When it comes to judging, condemning and forgiving, have you experienced any victories in your life in this area?
3. Have you seen the principle of reaping and sowing in the lives of others?
4. Read Luke 6:38. Have you experienced examples of giving and your gift being returned to you in full?
5. What changes do you need to make to live out this principle in your life?

