



### Life On One String – June 2023

One of the most important decisions of our lives is taking charge of our minds. We spend more time concentrating and fretting over the things we cannot change than giving attention to the one that we can change, our choice of attitude. Choosing each and every day to keep an attitude of faith, joy and belief can make all the difference in our lives and those around us.

Read Philippians 4:4-9, Matthew 5:13-16, John 4:14, Psalm 40:1-3

1. No matter what is happening, there are still things in my life that are going well. It is important to stay grateful for what I have and look at life from an attitude of "abundance." What am I grateful for?
2. Pastor Riddle gave examples of the lives Niccolo Paganini, Robert Edwards, Stephanie May, Victor Frankel & Lou Zamperini. What stood out about any of their lives and what can you learn from them?
3. In what areas of your life has your attitude hurt or helped?

4. In Philippians 4, Paul writes: "Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise." What do you believe this means?
  
5. How attractive is your attitude to those younger than yourself?
  
6. Jesus said, "Whoever drinks the water that I give will never thirst. Indeed, the water I give him will become in him a spring of water welling up into eternal life" (John 4:14). Do you believe this is true in your life, how so?

