



You Are Not Alone – January 2023

1. When what we experience doesn't measure up to what we expected, we feel like God has let us down. Recall a time when you thought God did not care about you.
 - a. What were your unmet expectations?
 - b. How did you respond to God's seeming indifference?

2. Have you ever felt like you were "lost in the weeds of life?"
 - a. What prompted you to crash and burn?
 - b. What was your relationship with God before this down time?
 - c. In retrospect, can you see God's hand in your redemption?

3. People need God because He is the only source of unchanging truth in this world.
 - a. Most people center truth on themselves; do you?
 - b. What determines whether or not you believe what someone tells you?
 - c. Do you trust God's Word to be true? If so, why? If not, why not?

4. People need God because He is the source of comfort and strength in the midst of our suffering.
 - a. Hard times often cause us to focus only on our poor pitiful selves and to believe that no one has ever hurt as badly as we are hurting. Remember a time when you felt this way. Did you think Jesus could relate to you at that moment?
 - b. Did you feel alone in your "Good Friday" situation?
 - c. Those who believe God has overcome the world in Jesus know that Easter follows Good Friday. When you were slogging through your perceived Calvary event, were you one of those folks?

