

## The Challenges of Parenting – September 2022 Thoughts to Ponder

- 1. Many parents today are becoming burned out trying to meet the demands associated with raising children in the 21<sup>st</sup> century.
  - a. How is a child's world today different from the environment in which you were raised?
  - b. What stresses do you remember experiencing as you were growing up?
  - c. Are your children and/or grandchildren being stressed in similar or different ways?
  - d. Were you a cause of any stress to your parents? If so, how?
- 2. Proverbs 22:6 ESV says: "Train up a child in the way he should go; even when he is old, he will not depart from it."
  - a. How did your parents define "the way he should go?"
  - b. How have you found Proverbs 22:6 to be true in your life?
  - c. In what way are your children being trained up?

- 3. A recent survey revealed that parents are spending a mere five hours per week communicating face-to-face with their children.
  - a. Was that true when you were a child? If not, why not?

- b. Would your children say that's true in your home? If so, why? If not, why not?
- c. Do you feel "distant" from your parents? From your children?
- 4. The most important thing you can do for your children is to love them unconditionally.
  - a. What grade would you give your parents in this area?
  - b. What grade would your children give you?

